



Going to a hospital or medical appointment?

If it is not an emergency, you'll normally be expected to make your own way there.

You may be eligible to claim back your travel costs under the Healthcare Travel Costs Scheme.

For how to claim, search 'Travel Costs' at: www.cddft.nhs.uk
Call **0191 333 2851**



Link2 - Dial-a-Ride bus service (for journeys up to 5 miles).

For people without a suitable bus service, or unable to access regular bus services due to mobility issues. Call **03000 269 999** or search 'Link2' at: www.durham.gov.uk



Help To Health volunteer driving service can be booked for any healthcare appointment.

Call **0300 330 9424** or visit www.helptohealth.org.uk



Friends of Darlington Memorial Hospital (DMH) free volunteer driver service.

Available for Darlington and Bishop Auckland patients who have difficulty getting to and from DMH. Call **01325 743 866**



Car parking is available on site at all CDDFT hospitals.

Allow plenty of time at peak times. For parking costs information search 'car parking' at: www.cddft.nhs.uk



Sniperly Park & Ride bus - every 10 mins to University Hospital North Durham.

All day parking is £2. Use concessionary passes after 9:30am - 50p charge before 9:30am.

Visit: www.durham.gov.uk/parkandride



NHS funded non-emergency patient transport (PTS) is available to those with a clinical need.
To check if you're eligible, call **03000 269 999** or speak to your GP practice.

You may be eligible for NHS PTS after a hospital in-patient discharge.

It may take up to 4 hours for transport to collect you. Speak to the hospital transport coordinator about alternative travel support.

You may be eligible for NHS PTS to attend an outpatient appointment.

This is if you have difficulty walking or need medical supervision whilst travelling.

